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## Psalm 7

(2019)

Bible House of Grace contains an easy to read New and Old Testament commentary full of spiritual treasures and pearls, complete with an insightful resource guide illuminating God's love and grace.



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Although I believe my aim is pure and God's will perfect this document is still the product of a human man, as to such I neither claim perfect knowledge or perfect understanding.

## Psalm 7.

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### Topics.

- In the LORD I take refuge.
- If there is wrong in my hands, let my enemy lay my glory in the dust.
- Judge me, O LORD, according to my righteousness and my integrity.
- God is a righteous judge, and a God who feels indignation every day.
- The wicked man gives birth to lies and falls into the hole he has dug.
- I will give the LORD thanks and sing praise to the Most High.

**FOR INFORMATION:** concerning people, places and the meaning of words see the title: "Map Locations and People of the Bible," and the title: "Bible Dictionary" on Website Menu.

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### INTRODUCTION

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Psalms are songs and prayers offered to God by the nation Israel, they consist of five books covering the range of human emotion, expressing praise, faith, victory, sorrow, despair, depression, frustration and the troubled heart of a mourner. They contrast the righteous with the wicked, and include the wisdom and the treasure of God's word. Psalms were written at the beginning of the 15th century BC and probably collected in their final form in the 3rd century.

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### BOOK ONE (PSALM 1-41)

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**A Shiggaion of David:** which he sang to the LORD concerning the words of Cush, a Benjaminite.

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### PSALM 7:1-2

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#### In the LORD I take refuge.

- **Psalm 7:1-2:** O LORD my God, in you do I take refuge; save me from all my pursuers and deliver me, <sup>2</sup>lest like a lion they tear my soul apart, rending it in pieces, with none to deliver.

It appears David enemies are all around him and he feels they are plotting to either destroy and kill him or take his kingdom from him. David at various times had friends betraying him, men in his own kingdom plotting against him and kings bringing their armies to battle against the kingdom of Israel.

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### PSALM 7:3-5

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#### If there is wrong in my Hands, let my Enemy lay my Glory in Dust.

- **Psalm 7:3-5:** O LORD my God, if I have done this, if there is wrong in my hands, <sup>4</sup>if I have repaid my friend with evil or plundered my enemy without cause, <sup>5</sup>let the enemy pursue my soul and overtake it, and let him trample my life to the ground and lay my glory in the dust. *Selah*

Even though God is David's shield, he knows the LORD is a righteous judge who judges according to the motives of the heart. A person can deceive others by doing good deeds, but have a selfish agenda and motive in their heart for performing such a deed, while another person may appear to be doing something bad, but be a good person in their heart. An example of this would be a woman living in a third world country whose husband has deserted her and she has no financial means of feeding her children since there is no social security, so against everything inside of her she sacrifices her dignity for the sake of her children and allows men to abuse her body.

On the outside she appears to be a harlot prostitute, but on the inside, she is broken, crying, feeling shamed and doing something that is against her nature not for herself, but for her children. Now though this woman may be judged as a prostitute on the outside she cannot be judged as one on the inside. Anyone judging her by her inward self would be forced to conclude that she is a woman who is prepared to sacrifice her life and her dignity for her children. David knows God is a righteous judge and that we can deceive ourselves this is why he prays, "If I have done wrong let my enemy have the victory over me." God cannot act against justice nor would He justice is one of the great pillars of His throne. If God's people act corruptly as Israel did God will not turn a blind eye and ignore it, He will at the right time judge and punish them as any righteous judge would.

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## PSALM 7:6-10

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### Judge me, O LORD, According to My Integrity.

- **Psalm 7:6-10:** Arise, O LORD, in your anger; lift yourself up against the fury of my enemies; awake for me; you have appointed a judgment. <sup>7</sup>Let the assembly of the peoples be gathered about you; over it return on high. <sup>8</sup>The LORD judges the peoples; judge me, O LORD, according to my righteousness and according to the integrity that is in me. <sup>9</sup>Oh, let the evil of the wicked come to an end, and may you establish the righteous— you who test the minds and hearts, O righteous God! <sup>10</sup>My shield is with God, who saves the upright in heart.

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David is fully aware if God judged us according to His righteousness and Holiness none of us would be worthy of His favour, so David asks the LORD to judge him according to his righteousness and the integrity that is in him. No one no matter how faithful and devoted they are to the Lord is without sin, if any of us could attain to that glorious state and live a lifestyle free of sin Christ died from no reason. But we should all be found to have integrity and honesty dwelling within and the passion and desire to live a lifestyle that honours God and brings a good testimony to the Lord Jesus Christ. David had these desires within his heart that is why he was so broken before God and repentant when the prophet Nathan confronted him with his sin with Bathsheba.

**God test the minds and hearts:** (v9) it could be said that we are living in the long day of death and the long day of grace and that it is a day of testing the sincerity of our faith. The apostle Peter wrote: -

- According to God's great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, <sup>4</sup>to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, <sup>5</sup>who by God's power are being guarded through faith for a salvation ready to be revealed in the last time. <sup>6</sup>In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, <sup>7</sup>so that *the tested genuineness of your faith*—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ. (1 Peter 1:3-7)

Obviously, God cannot allow those with deceptive faith and insincere hearts and minds into His eternal Kingdom so we are tested for the following two reasons:

1. That we might see we are deceiving ourselves and change our deceptive and insincere thoughts, attitudes and ways.
2. To prove who is genuine and who is not, those who are not will fall away when trials and testings come while those who are genuine will endure in faith until the Lord returns in glory.

**NOTICE:** the most beautiful words of Peter, "Those who do endure in faith will be given praise, glory and honour when Jesus returns in glory (1 Peter 1:7). These are those who Jesus will say:

- Well done, good and faithful servant. You have been faithful over a little; I will set you over much. Enter into the joy of your master. (Matt. 25:21) (Matt. 25:23).

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## PSALM 7:11-13

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### **God is a Righteous Judge, and a God who feels Indignation.**

- **Psalm 7:11-13:** God is a righteous judge, and a God who feels indignation (anger in KJV) every day. <sup>12</sup>If a man does not repent, God will whet his sword; he has bent and readied his bow; <sup>13</sup>he has prepared for him his deadly weapons, making his arrows fiery shafts.

The word indignation comes from the Hebrew word (za`am) and carries the idea of foaming at the mouth in rage because of abominations. Every day God sees all the corruption on earth (i.e., war, drugs, human trafficking, murders, rapes, children being sexually abused, wives being verbally and physically beaten etc.), and He is naturally angry at seeing the innocent suffer at the hands of those who have the greater power. One of David's re-occurring prayers of his heart is that God would bring wickedness to an end, and establish righteous, but judgment is being delayed at this time, because God is longsuffering and there are still men and woman to come into His Kingdom to make up His treasured possession.

**God will whet his sword:** The Bible pictures God as a mighty warrior riding a chariot through the heavens bringing about His eternal plans and purposes for mankind and the earth. The expressions, "God will whet his sword, He has readied His bow and prepared deadly weapons," are very apt descriptions of God because He uses the nations and armies of the world to bring about His plans and purposes sometimes to bless and other times to bring judgment.

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## PSALM 7:14-16

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### **The wicked Man Gives Birth to Lies and Falls in a Hole He has Dug.**

- **Psalm 7:14-16:** Behold, the wicked man conceives evil and is pregnant with mischief and gives birth to lies. <sup>15</sup>He makes a pit, digging it out, and falls into the hole that he has made. <sup>16</sup>His mischief returns upon his own head, and on his own skull his violence descends.

These verses shine a brilliant spotlight on the truth that as it is in the natural world so it is in the spiritual world every individual determines their own Judgement. Those who are pregnant with mischief and act wickedly bring judgment upon their own heads. Often the police get a tough rap by the media when they shoot to death a man who had a gun.

It could be rightly stated that this man brought about his own death, by facing the police with a gun if he dropped the gun, he would still be alive. The moral of this story is, if we don't want to be judged, don't act wickedly and against the law and against God.

**I will give the LORD thanks and Sing Praise to the Most High.**

- **Psalm 7:17:** I will give to the LORD the thanks due to his righteousness, and I will sing praise to the name of the LORD, the Most High.

It matters not how David begins his prayer, whether he is in despair or depression or surrounded by his enemies or lying on his bed suffering the pain of sickness or facing death itself he always ends his Psalms, his prayers and his petitions with praising the name of the LORD, the Most High God.

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*As the founder of Bible House of Grace, I would like to thank the many Christian scholars, commentators and theologians who have gone before me, and the many today, who have freely made available their works to enhance the knowledge of the Bible to all people worldwide. It is only with the help of these faithful writers that much of Bible House of Grace exists as it does today.*

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