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Psalm 30

(2019)

Bible House of Grace contains an easy to read New and Old Testament commentary full of spiritual treasures and pearls, complete with an insightful resource guide illuminating God's love and grace.



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Although I believe my aim is pure and God's will perfect this document is still the product of a human man, as to such I neither claim perfect knowledge or perfect understanding.

Psalm 30.

Topics.

- God, you have healed me you have brought my soul up from the grave.
- The LORD'S anger is but for a moment, and his favour is for a lifetime.
- To you, O LORD, I plead for mercy: what profit is there in my death.

FOR INFORMATION: concerning people, places and the meaning of words see the title: "Map Locations and People of the Bible," and the title: "Bible Dictionary" on Website Menu.

INTRODUCTION

Psalms are songs and prayers offered to God by the nation Israel, they cover the range of human emotion, expressing praise, faith, victory, sorrow, despair, depression, frustration and the troubled heart of a mourner. They contrast the righteous with the wicked, and include the wisdom and the treasure of God's word. Psalms were written at the beginning of the 15th century BC and probably collected in their final form in the 3rd century.

BOOK ONE (PSALM 1-41)

PSALM 30:1-3

A Psalm of David. A Song at the Dedication of the Temple.

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God, you Have Healed Me, You brought My Soul up from the Grave.

- **Psalm 30:1-3:** I will extol you, O LORD, for you have drawn me up and have not let my foes rejoice over me. ²O LORD my God, I cried to you for help, and you have healed me. ³O LORD, you have brought up my soul from Sheol (grave in KJV); you restored me to life from among those who go down to the pit.

Sheol: comes from the Hebrew word (sh^e'owl) and means grave.

The pit: refers to a mass grave like those used during war and plaques when there are so many dead bodies lying on the surface of the earth that there is not enough man power to dig individual graves for each body so a mass grave is dug to prevent disease spreading and wild animals and birds eating the decaying bodies. It appears David was suffering such an extremely painful sickness that he thought he was going to die. The pain and suffering filled his mind with the overwhelming darkness of depression and despair that he felt that the LORD had hidden His face from him.

PSALM 30:4-7

The LORD'S Anger is for a Moment, His Favour is for a Lifetime.

- **Psalm 30:4-7:** Sing praises to the LORD, O you his saints, and give thanks to his holy name. ⁵For his anger is but for a moment, and his favour is for a lifetime. Weeping may tarry for the night, but joy comes with the morning. ⁶As for me, I said in my prosperity, "I shall never be moved." ⁷By your favor, O LORD, you made my mountain stand strong; you hid your face; I was dismayed.

David viewed everything in his life (good or bad) as being under God's control he even viewed this sickness as being caused by the anger of the LORD. Though David felt the LORD'S anger was upon him and that He had hidden His face from him because he was in such pain does not mean his faith is dented or lacking in anyway. If this was the case he would not be praying for God's mercy and asking for His help during his dark nights of pain and of weeping. Rather than his faith being weakened, it shines a spotlight on the strength of his faith many who confess to believe in God turn bitter and resentful toward God under such suffering, pain and sorrow. David's statement, "I said in my prosperity I shall never be moved," (v6) shows that David had set his will diamond hard that neither, riches, fame, power and wealth nor sickness, suffering and sorrow would separate him from the love of God.

PSALM 30:8-12

O LORD, I plead for Mercy: What Profit is there in my Death.

- **Psalm 30:8-12:** To you, O LORD, I cry, and to the Lord I plead for mercy: ⁹"What profit is there in my death, if I go down to the pit? Will the dust praise you? Will it tell of your faithfulness? ¹⁰Hear, O LORD, and be merciful to me! O LORD, be my helper!" ¹¹You have turned for me my mourning into dancing; you have loosed my sackcloth and clothed me with gladness, ¹²that my glory may sing your praise and not be silent. O LORD my God, I will give thanks to you forever!

David pleaded for mercy and tells the LORD if he dies, he cannot praise Him and who will tell of the LORD'S faithfulness. The LORD heals David and he gives thanks to the LORD for giving him victory over his enemies, healing him from a sickness that brought him close to death and answering his cries for help, then says the LORD'S anger is but for a moment, but his favour is for a lifetime, weeping may tarry for a while, but joy comes at the end of it. One of the great secrets of the enduring strength of David's, great faith was that he always had an eternal vision, he was always mindful that beyond all the hardships, troubles and sorrows of this world he was destined for a life beyond the darkness of the grave in a new and eternal world of everlasting life where happiness never ends.

As the founder of Bible House of Grace, I would like to thank the many Christian scholars, commentators and theologians who have gone before me, and the many today, who have freely made available their works to enhance the knowledge of the Bible to all people worldwide. It is only with the help of these faithful writers that much of Bible House of Grace exists as it does today.
