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GRACE**

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**Communion  
and  
Who is Worthy  
to  
Drink of the Cup**

(2019)

Bible House of Grace contains an easy to read New and Old Testament commentary full of spiritual treasures and pearls, complete with an insightful resource guide illuminating God's love and grace.



Although I believe my aim is pure and God's will perfect this document is still the product of a human man, as to such I neither claim perfect knowledge or perfect understanding.

## Communion and Who is Worthy to Drink of the Cup.

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### Topics.

- Let a person examine themselves, then, eat of the bread and drink of the cup.
- Breaking bread and the early church.

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### LET A PERSON EXAMINE THEMSELVES, THEN, EAT OF THE BREAD AND DRINK OF THE CUP

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The apostle Paul wrote:

- **1 Corinthians 11:27–29:** Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord.<sup>28</sup> Let a person examine himself, then, and so eat of the bread and drink of the cup.<sup>29</sup> For anyone who eats and drinks without discerning (examining himself in KJV) the body eats and drinks judgment on himself (eateth and drinketh damnation to himself, not discerning the Lord's body in KJV).

Most Christian churches cite these verses, sadly, I have witnessed Christians who love Christ and faithfully follow Him, not partaking of it, not because they have outwardly done anything to offend God, but because after examining their own inward life, they see that sin, in its various ugly ways dwells within them, and therefore count themselves unworthy of partaking of the cup. But, if this was our measurement, we would all be counted unworthy to drink the cup, so what did the apostle Paul mean, when he told us, "To examine ourselves?" In this chapter, the picture is of the religious hierarchy and the nobles, partaking of the Lord's Supper, but, being so full of religious pride they considered the poor and lowly beneath them, and therefore did not share their food and drink with them, which is why many were weak and sickly. This is why Paul says to the religious hierarchy, and to the rich and wealthy nobles who confess faith in Christ:

- Do you not have houses to eat and drink in? Or do you despise the church of God and humiliate those who have nothing? What shall I say to you? Shall I commend you in this? No, I will not. (1 Corinthians 11:22).

Naturally we should examine ourselves for sin, but we should be doing this every day, the primary focus of examining ourselves in this chapter, is examining ourselves concerning the body of Christ, and no matter what our position or station in life is, making sure we are treating our brothers and sisters in Christ with equality and respect, and doing what is right, and examining our hearts to see if we have any bitterness and resentment toward a brother or sister.

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### BREAKING BREAD AND THE EARLY CHURCH

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Breaking Bread and sharing wine in the early church did not mean eating a wafer biscuit and drinking a thimble size glass of wine, but rather eating a meal together in Christ's name. Breaking Bread simply means, "Let's have a Meal," but when used in the context of Christ, it carries the idea of sharing a meal in the Lord's presence and the conversation revolving

around Christ, and being full of the fruits of the Spirit and righteousness, contrasted to the secular world sharing a meal where the conversation is fleshy, worldly, and God, and the Lord Jesus Christ is totally devoid of the mind and consciousness of those sharing the meal.

**Communion:** means, 'Partnership' and carries the idea of sharing close fellowship with others who are in unity, and in agreement with each other.

**Supper:** means, 'Dinner or Feast' referring to the chief meal (usually in the evening).

**The last Supper:** it is certain Jesus, with the twelve apostles ate a proper meal with a roast lamb at the Last Supper, which was a Passover Meal, especially since, it is hardly likely he would send two of his disciples to prepare a room, for one bun of bread and one glass of wine for his twelve disciples to eat and drink, at the end of a working day ministering with him in the service of God. Now hear is the beauty of the Last Supper, the literal Passover roast lamb without blemish is not mentioned in the Scriptures, no doubt this is a deliberate omission, because that very day the Lord Jesus Christ was about to become the ultimate, and last Passover Lamb without blemish, to be sacrificed for all mankind.

**The last Supper today:** almost all Christian churches celebrate this in their churches in various ways, but, because churches are held today in large buildings, and not homes, as the early church was, they all have one thing in common, it is not celebrated by having a meal together, but in some small symbolic way (i.e., a small glass of wine, and piece of bread etc.).

This does not mean that what they are doing is wrong, providing, they understand the following three core messages contained within the Last Super, which is:

1. Firstly, take the time to set the mind upon the price Christ paid on the cross of Calvary to save us (expressed in his words do this in remembrance of me).
2. Secondly, remember what he did, which was sharing what he had, signifying that we are not to be selfish, but share what we have, especially to the poor and our brothers and sisters in Christ.
3. Thirdly, take the time to examine ourselves, and ask ourselves, are we walking in the Spirit, meaning, are we manifesting the fruits of the Spirit, (i.e., love, kindness, compassion mercy and grace), to our neighbour, and especially to our brothers and sisters in Christ.

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*As the founder of Bible House of Grace, I would like to thank the many Christian scholars, commentators and theologians who have gone before me, and the many today, who have freely made available their works to enhance the knowledge of the Bible to all people worldwide. It is only with the help of these faithful writers that much of Bible House of Grace exists as it does today.*