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OF
GRACE**

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**Belly
and the
Innermost Being
Spirit, Mind and Heart**

(2019)

Bible House of Grace contains an easy to read New and Old Testament commentary full of spiritual treasures and pearls, complete with an insightful resource guide illuminating God's love and grace.



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Although I believe my aim is pure and God's will perfect this document is still the product of a human man, as to such I neither claim perfect knowledge or perfect understanding.

Belly and the Innermost Being, Spirit, Mind and Heart.

The King James Bible says:

- **Proverbs 18:8:** The words of a talebearer are as wounds, and they go down into the innermost parts of the belly.

The English Standard Bible says:

- **Proverbs 18:8:** The words of a whisperer are like delicious morsels; they go down into the inner parts of the body.

The following verses show that the belly refers to the mind and the heart and the spirit which collectively are the innermost being of human nature.

- **Proverbs 20:27-30:** The spirit of man is the lamp of the LORD, searching all his innermost parts of the belly. ²⁸Steadfast love and faithfulness preserve the king, and by steadfast love his throne is upheld. ²⁹The glory of young men is their strength, but the splendour of old men is their gray hair. ³⁰Blows that wound cleanse away evil; strokes make clean the innermost parts of the belly.
- **Psalms 22:14:** I am poured out like water, and all my bones are out of joint; my heart is like wax; it is melted within my breast (the midst of my bowels in KJV).

Proverbs verse eight describes the eagerness with which people gladly swallow in tales, rumours and gossip of scandal and slander which find their way to the innermost being of the mind and heart. They are like tasty foods that are eagerly swallowed, and go down into the innermost parts of the belly, meaning they are treasured up in the deepest recesses of the heart and mind, to be remembered and spoken of again, whenever there is an opportunity for sharing them. These tales and gossip of scandal and slander not only cause deep wounds in those who such malicious rumours are spread about, but also wound their reputation.

There are talebearers and gossipers who pretend to be affected and grieved for the failings and infirmities of those they are secretly exposing in their gossip, but are not only secretly rejoicing, but also enjoying telling the tale. Tales and rumours and gossip of scandal and slander, though perhaps pleasing at first to tell and hear are wounds that injure the person who receives them, and those who they are spoken of, because they go down into the innermost parts of the mind and sink deep into the heart of those who hear them, and deep into the heart of those who are told.

As the founder of Bible House of Grace, I would like to thank the many Christian scholars, commentators and theologians who have gone before me, and the many today, who have freely made available their works to enhance the knowledge of the Bible to all people worldwide. It is only with the help of these faithful writers that much of Bible House of Grace exists as it does today.
